



ATHENA FITNESS CLUB

Anse a La Mouche - Mahé
Tel. 37 21 06

X-TRIM FITNESS & WELLNESS CENTRE

Bodco Building New Port
Mahé - Tel. 22 53 37
Point Larue - Tel. 37 65 98



Invigorate yourself. Go walking to discover the spectacular beauty of the islands, go mountain climbing or explore nature through forests, beaches, plants and endemic flowers. Go on foot, on bike, by car or by bus, organizing your excursion by time and distance as not to be caught out by the quick equatorial sunsets.

